

CLASSIFICAÇÃO GERAL FEMININA

Posicao	Dorsal	Nome	Equipa	Escalao	Marca
1	6	Andreia Santos	CSRDCS	M 35	00:39:58
2	923	Estela Melo	UDV	M 45	00:41:25
3	10	Filomena Costa	AJS	M 40	00:41:31
4	916	Laura Silva	CDSSC	M 40	00:42:18
5	221	Sílvia Pereira	ELCT	M 45	00:42:58
6	980	Sara Ribeiro	IND	SEN	00:44:18
7	66	Mariana Machado	AMVE	SEN	00:45:05
8	47	Andreia Cunha	AFR F	M 35	00:46:40
9	986	Paula Marques	ELCT	M 40	00:46:54
10	885	Céu Fernandes	VTSC	M 50	00:47:17
11	886	Esmeralda Meira	VTSC	M 35	00:47:45
12	470	Liliana Gonçalves	NBA	M 45	00:47:59
13	307	Marlene Puga	GJVP	M 40	00:48:10
14	206	Inês Almeida	EAROS	SUB-20	00:48:16
15	64	Graça Costa	AMONT	M 60	00:48:43
16	429	Tânia Silva	LFC-F	M 35	00:49:37
17	23	Isabel Ribeiro	ACTIRUN	M 40	00:49:48
18	656	Filipa	IND	M 35	00:49:56
19	196	Micaela Martins	EAROS	M 45	00:50:57
20	143	DANIELA FERREIRA	BODYPERFOR	M 40	00:51:10
21	423	Inês Sousa	LFC-F	SUB-20	00:51:23
22	162	Florinda Fernandes	CAM-VC	M 55	00:51:35
23	302	Fátima Dantas	GJVP	M 60	00:51:46
24	200	Anabela Silva	EAROS	M 45	00:51:57
25	993	Diva Cortinhas	IND	SUB-20	00:52:12
26	567	Anabela Pereira	IND	M 35	00:52:20
27	67	Anabela Martins	AMVE	M 45	00:52:21
28	837	TeresaSilva	IND	M 45	00:52:48
29	88	Isabel Ribeiro	ARCVSC	M 35	00:53:29
30	314	Ângela Andrade	IMPROVE	M 40	00:53:33
31	830	Sofia Oliveira	IND	SEN	00:53:41
32	213	Rosa Oliveira	EAROS	M 55	00:54:23
33	554	Adriana Fernandes	IND	SEN	00:54:26
34	284	Ana Paula Oliveira	GDCG	M 45	00:54:28
35	788	Raquel Abreu	IND	M 40	00:54:30
36	349	Rosa Faria	IND	M 40	00:54:52
37	918	Augusta Rodrigues	DP-VC	M 50	00:54:59
38	90	Filipa Noivo	ARCVSC	SEN	00:54:59
39	514	Andreia Mandim	RUN4ALL	SEN	00:55:22
40	598	Beatriz Ferreira	IND	SEN	00:55:48
41	309	Patrícia Sousa	GJVP	M 35	00:56:15
42	748	Margarida Leite Ferreira	IND	SEN	00:56:17
43	873	Rita Rodrigues	THERUNNERS	SEN	00:56:26
44	301	Fátima Barros	GJVP	M 45	00:56:54
45	387	Maria Vasconcelos	JOANE C C	M 50	00:56:59
46	145	Helena	BODYPERFOR	SEN	00:57:00
47	201	Ana Fernandes	EAROS	SEN	00:57:16
48	770	Patrícia Silva	IND	M 35	00:57:28

49	50	Rosa Araújo	AFR F	M 55	00:57:35
50	119	Liliana Pereira	ARS	M 35	00:57:47
51	880	Isabel Pires	UDERCUP	M 35	00:57:53
52	76	Vera Pinheiro	AMVE	SEN	00:57:55
53	836	Teresa Manuela Ferreira Rocha Martins	IND	M 50	00:59:21
54	750	Maria do Céu Teixeira de Macedo	IND	M 35	00:59:31
55	202	Leonor Pereira	EAROS	SUB-20	00:59:36
56	102	Vânia Mendes	ARCVSC	M 35	00:59:38
57	395	Sónia Matos	JOANE C C	M 35	00:59:45
58	829	Sofia Merelim	IND	SEN	00:59:47
59	576	Ana Rita Ferreira Machado	IND	SEN	01:00:07
60	116	MARGARIDA PINTO	ARPO	M 50	01:00:21
61	673	Helena Gomes	IND	M 50	01:00:38
62	86	Helena Ribeiro	ARCVSC	SEN	01:00:46
63	430	Deolinda Camarinha	LIG.	M 65	01:01:08
64	389	Marta Peixoto	JOANE C C	M 35	01:01:29
65	432	Rosa Lúcia Silva	LIG.	M 55	01:01:54
66	517	Natália Alves	S.C.CAB.	M 50	01:01:59
67	156	Susana Alves	BOTA&SIGA	M 40	01:02:06
68	572	Ana Margarida	IND	SEN	01:02:09
69	828	Sofia Cortinhas	IND	SEN	01:02:25
70	641	Elisabete Maria Soutulho Coelho Alves	IND	M 35	01:02:42
71	345	Patrícia Ferreira	IND	M 45	01:02:46
72	80	Aline D'Avila	ARCVSC	M 35	01:02:46
73	167	Cristina Carvalho	CC	M 45	01:02:55
74	728	Juliana Abreu	IND	SEN	01:02:59
75	817	Sara Gonçalves	IND	SEN	01:03:01
76	87	Isabel Fernandes	ARCVSC	M 55	01:03:08
77	408	Manuela Rocha	JÁ FOSTE	M 35	01:03:15
78	749	Maria Carvalho	IND	SEN	01:03:25
79	386	Manuela Sá	JOANE C C	M 50	01:03:35
80	528	Raquel Alexandra Silva Baptista	SCC	SEN	01:03:41
81	110	CLÁUDIA LEITE	ARPO	M 40	01:03:43
82	657	Filipa Carvalho	IND	M 40	01:03:52
83	75	Rita Ribeiro	AMVE	M 55	01:03:54
84	477	Cátia Filipa Sousa Neto	ON TRACK	SEN	01:03:56
85	150	Natália Guimarães Sant'Anna de Carvalho	BODYPERFOR	SEN	01:03:56
86	57	Maria Gomes	AJ JOANE	SEN	01:04:04
87	56	Carla Gonçalves	AJ JOANE	M 35	01:04:07
88	951	Sandra Oliveira	IND	M 45	01:04:13
89	933	Cristina Simões	IND	M 45	01:04:14
90	920	Carla Mendes	IND	M 45	01:04:15
91	154	Marisa Gouveia	BOTA&SIGA	M 40	01:04:24
92	320	Lola Ferreira	IMPROVE	M 40	01:04:52
93	625	Diana Cardoso Alves	IND	SEN	01:04:54
94	626	Diana de Brito Sousa	IND	SEN	01:04:57
95	751	Maria Fernanda Bernardes Ferreira	IND	M 55	01:05:02
96	548	Sara Alves	STEPNRUN	M 35	01:05:05
97	388	Marisa Azevedo	JOANE C C	M 45	01:05:07
98	569	Ana Falcão	IND	SEN	01:05:19

99	316	Carmo Machado	IMPROVE	M 55	01:05:19
100	769	Patricia de Paula	IND	M 45	01:05:32
101	323	Maria Rosário Periera	IMPROVE	M 35	01:05:36
102	573	Ana Oliveira	IND	SEN	01:05:50
103	927	Ana Rita Sequeira Cortinhas	IND	SEN	01:05:54
104	660	Filomena Mesquita	IND	M 40	01:06:09
105	619	Cláudia Oliveira	IND	SEN	01:06:12
106	628	Diana Margarida Barros Pereira	IND	M 35	01:06:32
107	212	Renata Barros	EAROS	M 45	01:06:47
108	989	Maria Oliveira	IND	M 35	01:06:52
109	682	Inês Alves Machado	IND	SEN	01:07:02
110	312	Tânia Monteiro	GJVP	SEN	01:07:03
111	848	Vânia Azevedo	IND	M 35	01:07:04
112	735	Licinia Costa	IND	M 45	01:07:10
113	851	Vera Oliveira	IND	M 40	01:07:10
114	252	Isabel Castro	F. ATC	M 35	01:07:10
115	755	Marta Fernandes	IND	M 35	01:07:10
116	683	Inês Carvalho	IND	SEN	01:07:11
117	617	Cidalia Carvalho	IND	SEN	01:07:25
118	832	Solange	IND	SEN	01:07:27
119	32	Fátima Azevedo	ACVERM	M 50	01:07:28
120	627	Diana Freitas	IND	SEN	01:07:29
121	908	Daniela Oliveira	-	SEN	01:07:31
122	566	Anabela Gonçalves	IND	M 50	01:07:31
123	689	Joana M. Gonçalves	IND	SEN	01:07:32
124	254	Sílvia Graíinha	F. ATC	M 45	01:07:41
125	613	Cátia Rodrigues	IND	SEN	01:08:00
126	688	Joana Martins	IND	M 35	01:08:03
127	988	Paula Ferreira	ADESPO_RUN	M 40	01:08:04
128	588	Angela Abreu	IND	M 35	01:08:15
129	467	Deolinda Faria	NBA	M 50	01:08:16
130	612	Catarina Gonçalves	IND	SEN	01:08:30
131	407	Luz Almeida	JÁ FOSTE	M 55	01:08:53
132	446	Maria Moreira	LVTM	SEN	01:08:58
133	685	Ivone Cristina da Costa Ferreira	IND	M 45	01:09:13
134	436	Sílvia Oliveira	LIMAS RUN	M 45	01:09:39
135	439	Ana Magalhães	LRC	SEN	01:09:43
136	866	Goreti Silva	TEMOS PENA	M 60	01:09:45
137	575	Ana Rita	IND	SEN	01:09:55
138	484	Luísa Duarte	ON TRACK	M 35	01:09:56
139	574	Ana Rafaela Silva Araujo	IND	SEN	01:10:06
140	794	Rita Pinheiro	IND	SEN	01:10:17
141	815	Sandra Pereira	IND	M 50	01:10:24
142	973	Núria Martins nogueira	Rahc	SEN	01:10:28
143	482	Isabel Magalhães	ON TRACK	SEN	01:10:49
144	942	Maria Veludo	IND	M 45	01:10:52
145	243	Nídia Marques	ENERGY	SEN	01:10:57
146	242	Hedvigés Carvalho	ENERGY	SEN	01:11:00
147	642	Emilia Carvalho	IND	M 40	01:11:01
148	571	Ana Isabel Freitas Abreu	IND	SEN	01:11:02

149	833	Susana Moreira	IND	SEN	01:11:02
150	63	Susana Sousa	AMG COMDOR	M 45	01:11:40
151	614	Cátia Santos	IND	M 40	01:11:46
152	441	Catarina	LRC	SEN	01:11:57
153	564	Ana Beatriz Abreu Machado	IND	SEN	01:11:57
154	793	Rita Maia de Oliveira	IND	M 45	01:12:12
155	400	Margarida Ferreira	JT11K	SEN	01:12:19
156	800	Rosilene Conceição Ferreira dos Santos	IND	M 45	01:12:25
157	404	Carla Sampaio	JÁ FOSTE	M 45	01:12:29
158	248	Ângela Carvalho	F. ATC	M 50	01:12:59
159	629	Diana Penetro	IND	SEN	01:13:09
160	101	Susana Faria	ARCVSC	M 40	01:13:36
161	687	Joana Costa	IND	M 35	01:13:37
162	661	Flor Ribeiro	IND	SEN	01:13:46
163	680	Idalina Lima	IND	M 35	01:13:46
164	928	Andressa Kelly de Andrade Melo Vasconcelos	IND	SEN	01:13:49
165	261	Olga Pereira	FAMAGIRLS	M 50	01:14:14
166	727	Juliana	IND	M 35	01:14:14
167	262	Susana Silva	FAMAGIRLS	M 35	01:14:14
168	260	Gorete Nunes	FAMAGIRLS	M 45	01:14:15
169	570	Ana Fernandes	IND	M 35	01:14:16
170	578	Ana Vieira	IND	SEN	01:14:20
171	621	Daniela Pereira	IND	SEN	01:14:21
172	144	Daniela Linhol	BODYPERFOR	SEN	01:14:22
173	831	Sofia Teixeira	IND	SEN	01:14:30
174	792	Rita	IND	SEN	01:14:31
175	317	Inês Machado	IMPROVE	SEN	01:14:32
176	321	Margarida Machado	IMPROVE	SEN	01:14:32
177	846	Vanessa Amorim	IND	SEN	01:14:38
178	519	Carla Silva	SANDE WISH	SEN	01:14:40
179	658	Filipa Correia	IND	SEN	01:14:52
180	649	Fernanda	IND	M 40	01:15:19
181	479	Dora Castro	ON TRACK	M 35	01:15:23
182	478	Diana Martins	ON TRACK	SEN	01:15:23
183	860	Zara Abreu	IND	M 40	01:15:41
184	151	sara ferreira	BODYPERFOR	M 40	01:16:08
185	834	Tânia Filipa Salazar Salgado	IND	SEN	01:16:20
186	684	Inês Costa	IND	SEN	01:16:29
187	736	Ligia Buldrini	IND	M 60	01:17:09
188	726	Júlia Moreira	IND	SEN	01:17:38
189	577	Ana Rita Moreira de Sousa	IND	M 40	01:18:04
190	397	Adriana Vale	JT11K	SEN	01:18:07
191	864	LILIANA AZEVEDO	TEAM 7:30H	SEN	01:18:39
192	403	Andreia Lopes	JÁ FOSTE	M 40	01:18:41
193	555	Adriana Francisca da Silva Monteiro	IND	SEN	01:18:53
194	511	Ana Pinto	ROCKFITNES	SEN	01:18:54
195	234	Laura Costa	EMPENADOS	SEN	01:20:15
196	232	Inês Machado	EMPENADOS	SEN	01:20:17
197	795	RITA PINTO RODRIGUES	IND	SUB-23	01:20:49
198	901	Beatriz Braga	EMPENADOS	SEN	01:20:59

199	524	Raquel Oliveira	SCB	M 45	01:22:09
200	401	Sara Coelho	JT11K	SEN	01:23:17
201	672	Helena Alves	IND	SEN	01:23:56
202	476	Catarina Carvalho	ON TRACK	M 35	01:23:57
203	485	Maria Beatriz Ribeiro Loureiro Ferreira	ON TRACK	SEN	01:25:42
204	522	Margarida Rodrigues	SANDE WISH	SEN	01:30:21
205	732	Lara Pinto	IND	SEN	01:31:30
206	338	Joana Rodrigues	IND	SEN	01:31:43