

# Corrida Famalicão - Joane

29 de setembro de 2019

## Geral

ps. Escal	Dorsal	Nome	Equipa	Escalão	ps. Escal	Tempo	T/Km.	Dif.
1	4	Barros, Marisa	S.C. SALGUEIROS	SENF	1	<b>41:58.40</b>	03:30	
2	11	Duarte, Sara	S.C. Portugal	SENF	2	<b>43:33.53</b>	03:38	0:01:36
3	2	Pereira, Cláudia	ATC	SENF	3	<b>44:11.68</b>	03:41	0:02:14
4	950	Ferreira, Sónia	SC Braga	SENF	4	<b>44:36.90</b>	03:43	0:02:39
5	550	Cunha, Andreia	Individual	SENF	5	<b>45:54.87</b>	03:50	0:03:57
6	10	Pontes, Jessica	S.C. Braga	SENF	6	<b>46:06.15</b>	03:51	0:04:08
7	885	Dias, Silvana	S.C. Braga	SENF	7	<b>47:22.18</b>	03:57	0:05:24
8	6	Wojcik, Justyna	ACD S. JOÃO DA SERRA	F35	1	<b>47:40.29</b>	03:58	0:05:42
9	18	Machado, Mariana	ATC	SENF	8	<b>48:36.46</b>	04:03	0:06:38
10	459	Silva, Fatima	C. D. Póvoa	F45	1	<b>50:06.43</b>	04:11	0:08:08
11	546	Silva, Madalena	Amigos da corrida	F45	2	<b>51:16.31</b>	04:16	0:09:18
12	8	Matos, Jessica	S.C. Braga	SENF	9	<b>52:20.91</b>	04:22	0:10:23
13	714	Silva, Anabela	ESCOLA ATLETISMO ROSA OLIVEIRA	F40	1	<b>53:37.30</b>	04:28	0:11:39
14	705	Oliveira, Rosa	ESCOLA ATLETISMO ROSA OLIVEIRA	F45	3	<b>53:45.88</b>	04:29	0:11:48
15	543	Silva, Teresa	Amigos da corrida	F40	2	<b>53:49.02</b>	04:29	0:11:51
16	628	Gomes, Sandra	Individual	SENF	10	<b>53:53.02</b>	04:29	0:11:55
17	154	Santos, Emília	ACD São João da Serra	F45	4	<b>54:18.11</b>	04:32	0:12:20
18	557	Laranjeira, Nadine	C. D. Póvoa	SENF	11	<b>54:39.04</b>	04:33	0:12:41
19	299	Silva, Beatriz	ADEPE	JUNF	1	<b>54:52.93</b>	04:34	0:12:55
20	701	Ortiga, Bruna	ESCOLA ATLETISMO ROSA OLIVEIRA	JUNF	2	<b>54:56.20</b>	04:35	0:12:58
21	746	Oliveira, Carla	Adosa - Os Santa Apolónia	SENF	12	<b>55:13.08</b>	04:36	0:13:15
22	697	Teixeira, Silvia	BOAVISTA FC	F40	3	<b>56:00.44</b>	04:40	0:14:02
23	671	Santos, Marlene	Papamedalhas	F35	2	<b>56:35.67</b>	04:43	0:14:38
24	680	Salgado, Paula	Elcomandante	F45	5	<b>56:55.70</b>	04:45	0:14:58
25	278	Costa, Catarina	Lousada Runners	F35	3	<b>57:16.08</b>	04:46	0:15:18
26	340	Santos, Tânia	FC Landim	SENF	13	<b>57:20.56</b>	04:47	0:15:23
27	581	Rocha, Angélica	Dragon Club	F35	4	<b>57:47.55</b>	04:49	0:15:50
28	815	Araújo, Rosa	BOINAS NEGRAS	F45	6	<b>57:59.32</b>	04:50	0:16:01
29	866	Freitas, Isabel	SR CEPANENSE	F45	7	<b>58:06.76</b>	04:51	0:16:09
30	13	Pereira, Lola	ATC	F35	5	<b>58:18.21</b>	04:52	0:16:20
31	169	Silva, Celina	Figueiredos Runners & Friends	F35	6	<b>58:42.04</b>	04:54	0:16:44
32	420	Alves, Diana	Vizela nos Pés	SENF	14	<b>58:46.38</b>	04:54	0:16:48
33	40	Marques, Cristiana	Individual	F35	7	<b>59:02.16</b>	04:55	0:17:04
34	436	Silva, Sandra	NAST- NÚCLEO Associativo de Santo Tirso	F35	8	<b>59:41.28</b>	04:58	0:17:43
35	702	Oliveira, Sara	ESCOLA ATLETISMO ROSA OLIVEIRA	SENF	15	<b>59:58.48</b>	05:00	0:18:00
36	308	Silva, Cristina	Movimento de Juventude de Merelim	F35	9	<b>1:00:47.41</b>	05:04	0:18:49
37	534	Carvalho, Paula	AMVE - Associação Moinho de Vermoim	F45	8	<b>1:00:53.83</b>	05:04	0:18:56
38	859	Bento, Manuela	SR CEPANENSE	F45	9	<b>1:01:21.49</b>	05:07	0:19:23
39	399	Silva, Cristina	Individual	F45	10	<b>1:01:38.31</b>	05:08	0:19:40
40	737	Faria, Deolinda	Adosa - Os Santa Apolónia	F45	11	<b>1:01:44.85</b>	05:09	0:19:47
41	731	Salgado, Marisa	Adosa - Os Santa Apolónia	F40	4	<b>1:01:57.78</b>	05:10	0:20:00
42	867	Soares, Ana	SR CEPANENSE	SENF	16	<b>1:02:02.18</b>	05:10	0:20:04
43	905	Macedo, Maria	Individual	SENF	17	<b>1:02:13.82</b>	05:11	0:20:16
44	239	Machado, Helena	Individual	SENF	18	<b>1:02:17.29</b>	05:11	0:20:19

45	373	Ferreira, Silvia	Kedas Bike	F45	12	<b>1:02:27.44</b>	05:12	0:20:29
46	767	Gomes, Helena	JOANE CORRE CORRE	F45	13	<b>1:02:53.39</b>	05:14	0:20:55
47	773	Carvalho, Marta	JOANE CORRE CORRE	F40	5	<b>1:02:54.42</b>	05:15	0:20:56
48	595	Santos, Conceição	C. D. Póvoa	F40	6	<b>1:03:01.33</b>	05:15	0:21:03
49	769	Vasconcelos, Maria	JOANE CORRE CORRE	F40	7	<b>1:03:37.71</b>	05:18	0:21:40
50	899	Fontão, Rosa	NA TAIPAS	F40	8	<b>1:03:41.19</b>	05:18	0:21:43
51	619	Ferreira, Juliana	ROCK FITNESS	JUNF	3	<b>1:04:06.87</b>	05:21	0:22:09
52	776	Couto, Paula	JOANE CORRE CORRE	F45	14	<b>1:04:12.38</b>	05:21	0:22:14
53	897	Simões, Cristina	FISIOJOANE / LEVANTA CEDO	F40	9	<b>1:04:32.28</b>	05:23	0:22:34
54	94	Silva, Goreti	TEMOS PENA	F45	15	<b>1:04:38.28</b>	05:23	0:22:40
55	904	Oliveira, Ana	Individual	SENF	19	<b>1:04:57.24</b>	05:25	0:22:59
56	902	Freitas, Diana	Individual	SENF	20	<b>1:04:57.54</b>	05:25	0:23:00
57	198	Brandão, Adelaide	Os avenses	F45	16	<b>1:05:26.96</b>	05:27	0:23:29
58	916	Ferreira, Ana Rita	Individual	SENF	21	<b>1:05:40.73</b>	05:28	0:23:43
59	832	Oliveira, Palmira		F45	17	<b>1:05:44.44</b>	05:29	0:23:46
60	622	Carneiro, Teresa	ROCK FITNESS	SENF	22	<b>1:06:14.47</b>	05:31	0:24:16
61	609	Freitas, Maria	Individual	F45	18	<b>1:06:36.27</b>	05:33	0:24:38
62	407	Magalhaes, Olivia	Famalicão em forma	F45	19	<b>1:06:44.63</b>	05:34	0:24:47
63	194	Pelicano, Gabriela	Jorge e Gabriela	F45	20	<b>1:06:49.07</b>	05:34	0:24:51
64	423	Soares, Carla	Movimento de Juventude de Merelim	F45	21	<b>1:06:53.14</b>	05:34	0:24:55
65	424	Alves, Isabel	Movimento de Juventude de Merelim	F40	10	<b>1:06:53.20</b>	05:34	0:24:55
66	224	Costa, Juliana	Colégio do Ave	SENF	23	<b>1:07:02.20</b>	05:35	0:25:04
67	221	Machado, Carmo	Alegria Team	F45	22	<b>1:07:12.30</b>	05:36	0:25:14
68	225	Esteves, Lia	Colégio do Ave	F35	10	<b>1:07:15.40</b>	05:36	0:25:17
69	346	Costa, Manuela	TWO GYM	F45	23	<b>1:07:26.77</b>	05:37	0:25:29
70	24	Oliveira, Ana	Individual	F35	11	<b>1:07:45.78</b>	05:39	0:25:48
71	668	Cruz, Elisa		F45	24	<b>1:07:50.45</b>	05:39	0:25:52
72	376	Ribeiro, Ana	OS MAIORES	F45	25	<b>1:07:52.15</b>	05:39	0:25:54
73	236	Fernandes, Isabel	ARC Vale de S. Cosme	F45	26	<b>1:08:05.80</b>	05:40	0:26:08
74	687	Santos, Virgínia	Corre Pra Frente	SENF	24	<b>1:08:12.60</b>	05:41	0:26:15
75	85	Ferreira, Marília	Individual	F40	11	<b>1:08:14.07</b>	05:41	0:26:16
76	100	Ferreira, Carla	TEMOS PENA	F40	12	<b>1:08:46.81</b>	05:44	0:26:49
77	388	Fernandes, Patricia	AMVE - Associação Moinho de Vermoim	SENF	25	<b>1:08:50.73</b>	05:44	0:26:53
78	623	Ribeiro, Sónia	ROCK FITNESS	SENF	26	<b>1:08:51.99</b>	05:44	0:26:54
79	868	Oliveira, Conceição	SR CEPANENSE	F45	27	<b>1:09:10.93</b>	05:46	0:27:13
80	871	Freitas, Sandrine	SR CEPANENSE	F35	12	<b>1:09:10.94</b>	05:46	0:27:13
81	869	Freitas, Aurélie	SR CEPANENSE	SENF	27	<b>1:09:12.21</b>	05:46	0:27:14
82	166	Miranda, Eugénia	ARPO - ASSOCIAÇÃO RECREATIVA POUSAD	F40	13	<b>1:09:29.91</b>	05:47	0:27:32
83	954	Rebelo, Maria	Individual	F45	28	<b>1:09:50.90</b>	05:49	0:27:53
84	800	Ferreira, Cláudia	RUN4FUN	JUNF	4	<b>1:09:52.80</b>	05:49	0:27:55
85	206	Corucho, Lúcia	Individual	F45	29	<b>1:10:18.67</b>	05:52	0:28:21
86	917	Ferreira, Rosa	NA TAIPAS	F45	30	<b>1:10:32.94</b>	05:53	0:28:35
87	844	Silva, Conceição	NA TAIPAS	F45	31	<b>1:10:33.00</b>	05:53	0:28:35
88	838	Lima, Maria	NA TAIPAS	F40	14	<b>1:10:33.43</b>	05:53	0:28:35
89	469	Carvalho, Andreia	Individual	SENF	28	<b>1:10:38.83</b>	05:53	0:28:41
90	918	Freitas, Eduarda	Individual	F40	15	<b>1:10:43.65</b>	05:54	0:28:46
91	563	Carvalho, Virgínia	Individual	F45	32	<b>1:10:47.73</b>	05:54	0:28:50
92	536	Santos, Ângela	Nucleo do Sporting de V.N. de Famalicão	F40	16	<b>1:10:50.17</b>	05:54	0:28:52
93	801	Costa, Lycinia	RUN4FUN	F40	17	<b>1:10:53.65</b>	05:54	0:28:56
94	798	Oliveira, Vera	RUN4FUN	F35	13	<b>1:10:53.82</b>	05:54	0:28:56

95	465	Salgado, Ângela	Xavimoto	SENF	29	<b>1:11:01.53</b>	05:55	0:29:04
96	824	Ferreira, Carla		F40	18	<b>1:11:25.69</b>	05:57	0:29:28
97	582	Oliveira, Élia	MAGIC FRIENDS RUNNERS	F45	33	<b>1:11:45.50</b>	05:59	0:29:48
98	732	Marques, Belém	Adosa - Os Santa Apolónia	F40	19	<b>1:12:16.75</b>	06:01	0:30:19
99	287	Machado, Fernanda	Individual	F35	14	<b>1:12:21.07</b>	06:02	0:30:23
100	907	Vieira, Rosa	Individual	F40	20	<b>1:12:24.83</b>	06:02	0:30:27
101	502	Raposo, Rafaela	Individual	SENF	30	<b>1:12:40.72</b>	06:03	0:30:43
102	321	Rodrigues, Paula	TWO GYM	F45	34	<b>1:12:41.40</b>	06:03	0:30:43
103	429	Goncalves, Ana	Individual	F35	15	<b>1:12:42.04</b>	06:04	0:30:44
104	659	Gonçalves, Joaquina	TWO GYM	F45	35	<b>1:12:52.43</b>	06:04	0:30:54
105	771	Vasconcelos, Barbara	JOANE CORRE CORRE	SENF	31	<b>1:13:08.96</b>	06:06	0:31:11
106	821	Carvalho, Maria		SENF	32	<b>1:13:20.82</b>	06:07	0:31:23
107	822	Machado, Teresa		SENF	33	<b>1:13:20.97</b>	06:07	0:31:23
108	537	Cunha, Joana	AMVE	SENF	34	<b>1:13:40.03</b>	06:08	0:31:42
109	532	Silva, Andreia	Individual	F35	16	<b>1:13:40.93</b>	06:08	0:31:43
110	781	Sousa, Lurdes	JOANE CORRE CORRE	F45	36	<b>1:13:56.22</b>	06:10	0:31:58
111	828	Moura, Ana	OPTICALIA JOANE	SENF	35	<b>1:13:56.27</b>	06:10	0:31:58
112	780	Sousa, Goreti	JOANE CORRE CORRE	F45	37	<b>1:13:57.03</b>	06:10	0:31:59
113	456	Alves, Joana	NA BOA	F35	17	<b>1:14:40.04</b>	06:13	0:32:42
114	494	Ferreira, Ana	Individual	SENF	36	<b>1:14:52.43</b>	06:14	0:32:54
115	312	Azevedo, Fátima	A.C. VERMOIM	F45	38	<b>1:14:53.34</b>	06:14	0:32:55
116	381	Oliveira, Lucia	CLUBE DE ATLETISMO DE BRITO	F40	21	<b>1:15:30.41</b>	06:18	0:33:32
117	685	Ribeiro, Isabel		F35	18	<b>1:15:51.24</b>	06:19	0:33:53
118	912	Rodrigues, Filomena	JOANE CORRE CORRE	F45	39	<b>1:16:21.17</b>	06:22	0:34:23
119	919	Gonçalves, Cristiana	Individual	SENF	37	<b>1:16:36.25</b>	06:23	0:34:38
120	458	Alves, Paula	Profísio Team	F40	22	<b>1:16:55.64</b>	06:25	0:34:58
121	578	Araújo, Carla	Team LANTEMIL	F35	19	<b>1:17:07.49</b>	06:26	0:35:09
122	132	Oliveira, Rosa	TEMOS PENA	F40	23	<b>1:17:08.09</b>	06:26	0:35:10
123	678	Mota, Anabela	Travassós Running Fafe	F45	40	<b>1:18:24.78</b>	06:32	0:36:27
124	79	Faria, Liliana	Vimarunners	F40	24	<b>1:19:07.56</b>	06:36	0:37:10
125	137	Rocha, Manuela	Ad Carril	SENF	38	<b>1:19:17.70</b>	06:36	0:37:20
126	421	Carvalho, Joana	Individual	SENF	39	<b>1:20:31.19</b>	06:43	0:38:33
127	952	Silva, Patricia	Individual	SENF	40	<b>1:20:31.60</b>	06:43	0:38:34
128	391	Silva, Sandra	AMVE - Associação Moinho de Vermoim	F40	25	<b>1:21:18.44</b>	06:47	0:39:20